

Библиография  
за фокусирана към решения кратка терапия  
(на английски)

Cade, B. O'Hanlon, W.H. A brief guide to brief therapy. New York: Norton, 1993. (This has a nice history of brief therapy in the MRI/Ericksonian tradition as well as a not-so-limiting view of what 'brief' therapy can be in addition to sft. Plus, these guys are fun.)

Walter, J.L. & Peller, J.E. Becoming solution-focused in brief therapy. New York: Brunner/Mazel, 1992. (I like John & Jane's work because it is sort of a work book for those who like a structured approach to learning. The case examples feel real, the assumptions are clear, and the work is very consistent throughout.)

O'Hanlon, B. & Beadle, S. A field guide to Possibility Land: Possibility therapy methods. Omaha, NE: The Center Press, 1994. (Bill and coauthor Sandy have put together a "bag of tricks" that, contextualized with Walter & Peller, help beginners learn how to access specific types of information in the therapy room. It is set out: Definition (such as, "Specify Goals"), Rationale, and Examples.)

Berg, I.K. & Miller, S.D. Working with the problem drinker. New York: Norton, 1992. (Insoo and Scott have done a clear and solid work with a particular clinical problem, utilizing sft without apology or compromise.)

Durrant, M. Creative strategies for school problems. New York: Norton, 1995. (Michael has done yet another superb job bringing brief and sft ideas to bear for a particular practitioner. His writing is as clear as one will find in our field.)

Miller, S.D., Duncan, B.L., & Hubble, M.A. Escape from Babel: Toward a unifying language for psychotherapy practice. New York: Norton, 1997. (These guys return to some basics--how we get caught up in our theories ("delusions of certainty" is what Bill O. calls this), how clients contribute to positive therapeutic outcome (No!), hope and expectancy and the (minor) role of models and techniques in outcome. I like it -- it can be humbling to read.)

Miller, Scott D., M.A. Hubble & B.L. Duncan, eds. Handbook of Solution-Focused Brief Therapy. San Francisco: Jossey Bass, 1996. ISBN 0-7879-0217-9 (alk.paper) (This has theory, application, and research chapters by a wide variety of folks you'd enjoy [I have two chapters in here -- one on supervision, one on research]. It's a nice sampling of "sft." Other contributors you'll recognize: Dvora Simon, Larry Hopwood, Eve Lipchik, Linda Metcalf, Jay McKeel, John Murphy, Jane Peller, John Walter, and others.)

Berg, I.K., & Kelly, S. Building Solutions in Child Protective Services. W.W. Norton & Company, 2000.

George, Ratner, Iveson. Problem To Solution. London: BT Press, 1999. ["with no culture-bound diagnostic framework, no way of 'knowing' the client from an outside observer's position, we have to accept the client's way of doing their life, provided it is within the law as the best way" (p. 25). The second chapter "10 years on" is very good.]

Shine, J. "Isolated in Ireland." In Walsh T. (ed) Solution focused child protection, Dept of social studies, Occasional paper 6, University of Dublin. London: BT Press, 1997. (Talks

about being a student utilising sfbt with an Afro-Caribbean women living in Ireland, discusses whether she practices in an Anti D way.)

Wheeler, John. Believing in Miracles: The implications and Possibilities of Using SFT in a Child Mental Health Setting'. ACPP Review. 1995.

Wheeler, John.. A Helping Hand: Solution Focused Brief Therapy and Child and Adolescent Mental Health. Clinical Child Psychology & Psychiatry, April 2001, 293ff. McFarland, Barbara, EdD and Scott Miller, Phd. Solution-Focused Self-Help Guide. The Brief Therapy Center: Cincinnati, Ohio, 1993.

Berg, Insoo Kim and Ajakai Jaya (1993) 'Different and Same: Family Therapy with Asian-American Families'. Journal of Family and Marital Therapy. Vol. 19, No. 1,31 38.

Berg, I.K. and S. D. Miller, "Working with Asian American clients: One person at a time." Families in Society: The Journal of Contemporary Human Services, June, 1992, 356-363.

Corcoran, J. (2000). Solution-focused family therapy with ethnic minority clients. Crisis Intervention and Time-Limited Treatment, 6, 5-12.

Lee M.Y., G. J.Greene, A. Uken, J. Sebold, J. Rheinsheld. "Solution-focused brief group treatment: a viable modality for domestic violence offenders?" Journal of Collaborative Therapies, 1997, IV, 10-17. (Sciotto study: 117 clients, 1993-1997; standard 6 sessions completed by 88. 7% (6) reoffend. Plumas study: 1994-1996: 34 clients completed 7 of 8 standard sessions. 3% (1) reoffend.) [Not yet published: 17% reoffend at 6 yr followup.]

Berg, I. K. It's her fault. (audio tape) Milwaukee, WI: Brief Family Therapy Center. 1994.

Hansen, C., Berg, I. K. (2000). Making a Difference with Adolescents. (audio tape) Milwaukee, WI: Brief Family Therapy Center.

Johnson, C. E., & Goldman, J. (1996). Taking Safety Home: A Solution Focused Approach with Domestic Violence. In M. F. Hoyt (Ed.), Constructive Therapies (Vol. 2, pp. 184-196). New York: Guilford.

Lee, M.Y, Greene, G.J. & Rheinscheld, J. (1999). A model for short-term solution-focused group treatment of male domestic violence offenders. Journal of Family Social Work, 3(2), 39-57.

Lipchik, E., & Kubicki, A. (1996). Solution-Focused Domestic Violence Views: Bridges Toward a New Reality in Couples Therapy. In S. Miller, M. Hubble, & B. Duncan (Eds.), Handbook of Solution-Focused Brief Therapy. San Francisco: Jossey-Bass.

Sebold, U., Berg, I. K. (o. J.). Treating Domestic Violence Offenders. (audio tape) Milwaukee, WI: Brief Family Therapy Center.

Selekman, M. D. (1993). Pathways to Change: Brief Therapy Solutions With Difficult Adolescents. Guilford Publications.

Turnell, A., Edwards, S. (1999). *Signs of Safety. A Solution and Safety Oriented Approach to Child Protection Casework.* W.W. Norton.

Corcoran, J. (2000). Solution-focused family therapy with ethnic minority clients. *Crisis Intervention and Time-Limited Treatment*, 6, 5-12.

Dermer, Shannon B.; Hemesath, Crystal Wilhite; Russell, Candyce S. "A feminist critique of solution-focused therapy." *American Journal of Family Therapy* Vol 26(3)1998 p.239-250.

Hudson, Pat. *The Solution Oriented Woman: Creating the Life You Want.* Norton, 1994. ISBN 0-393-03835-4) has always been a good resource.

O'Hanlon, W. H. History becomes her story: Collaborative solution-oriented therapy of the after-effects of sexual abuse. In Shelia McNamee and Kenneth J. Gergen (Eds.) *Therapy as social construction*, 136-148. Newbury Park, CA: Sage, 1992..

Anderson, Harlene (1996). *Conversation, language, and possibilities.* New York: Basic Books.

Andersen, Tom (Ed.) (1991). *The reflecting team: Dialogues and dialogues about the dialogues.* New York: W. W. Norton.

Berg, Insoo Kim. *Dying Well.* (Audiotape) Milwaukee: BFTC, 1994. \$10.95. An excellent example of SFT with a young lady who worked as a prostitute in London. This young lady was dying of AIDS. Very emotionally moving.

Berg, Insoo Kim. Does SFBT work with "severe" problems like PTSD or personality disorders? 1997 (Web document, URL <http://www.brief-therapy.org/> [Sept., 1998]. )

Berg, Isoo Kim & de Shazer, S. (1994). *A tap on the shoulder: Six useful questions in building solutions.* (audio tape). Milwaukee, WI: Brief Family Therapy Center.

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Berg, Insoo Kim & Peter De Jong. *Interviewing for Solutions.* 1997.

Berg, Insoo Kim (and Steve de Shazer?), eds. Special issue on SFT Research. *The Journal Family Therapy*. May, 1997.

Berg, Insoo Kim and Yvonne Dolan. *Tales of Solutions.*

Berg, Insoo Kim and Scott Miller. The "Miracle method."

Berg, Insoo Kim & Norman H. Reuss. *Solutions Step By Step: A Substance Abuse Treatment Manual.* 1997.

Bertolino, Bob and Bill O'Hanlon. *Collaborative, Competency Based Counselling and Therapy.*

- deShazer, Steve. *Keys to Solution in Brief Therapy*. New York: W.W. Norton, 1985.
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- deShazer, Steve. *Clues: Investigating solutions in Brief Therapy*.
- deShazer, Steve. *Putting Difference to Work*. New York: W.W. Norton, 1991. (The least how-to of the solution-focused books. Takes you past technique into much of the serious thought that supports this approach.)
- Durrant. *Residential Treatment: A Cooperative ,Competency Based Approach to Therapy and Program Design*. Norton, 1993.
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- George, Evan. *Problem to Solution*. London: B.T.Press, 1999.
- Gergen, Ken. *REALITIES AND RELATIONSHIPS*. (Dense but invaluable introduction to social constructionism.)
- Ho, Larry, Chi-keung Chu and Frederick Yeung. (1992) 'Transforming Somatic Complaints: A Solution Focused Approach'. Department of Applied Social Studies, Hong Kong Polytechnic. An unpublished paper to the 5th World Family Therapy Conference
- Hudson, William, Michele Weiner-Davis, Chris Iveson, et al. "In Search Of Solutions." In *Brief Therapy Practice*. London: BT Press.
- Jevne, Ronna Fay and James E. Miller. *Finding Hope: Ways to See Life in a Brighter Light*. Fort Wayne Ind.: Willowgreen Publishing. 1999.
- Johnson, L. D. & Scott Miller. "Modification of Depression Risk Factors: A Solution-Focused Approach. *Psychotherapy*, 1994, 31, 244-253. (A wonderful theory piece but no data.)
- Keeney, Brad. *THE AESTHETICS OF CHANGE*. (This book adds grey matter to your right hemisphere.)
- Kiser, Piercy, and Lipchik. The Integration of Emotion in Solution-Focused Therapy. *The Journal of Marital and Family Therapy* 1993 Vol. 19, No 3, 233-242.
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- Lee, M. Y. (1997). A study of solution-focused brief family therapy: Outcomes and issues. *The American Journal of Family Therapy*, 25, 3-17.
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Cliffs, NJ: The Center For Applied Research In Education, 1995.

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Sharry, Maddden, and Darmody. Becoming a Solution Detective.

Todd, Tracy (Ph.D., LMFT) of the Brief Therapy Institute of Denver) has put together a workbook for

teaching/learning SFT through exercises and roleplays. You can contact him at 1-800-598-8120.

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*Application with Young Children*. JST. Due Winter 1998.

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